

ROOM TO THRIVE FOR EVERYONE

Build your best student life! This guide shares ways you can create a happy, safe and inclusive home.

We asked our Resident Ambassadors and some of our interns (from the 10,000 Black Interns Programme) for tips, to make sure it's spot on for everyone.

UNITE STUDENTS

BELONGING AND INCLUSION

- Be aware of and celebrate different cultures, backgrounds and personalities
- Ask yourself: How do I create a space where everyone can join in and be themselves?

COMMUNICATION

- Sometimes listening helps more than speaking
- Respect different views and values
- Try to choose your words carefully
- We all communicate in different ways. Find a way that works together.

FLAT TIPS AND TRICKS

- Kitchen rotas help split up cleaning easily
- Tell flatmates if you're having people over
- Have honest chats about flat issues and plan to sort
- Create a flat group chat
- Keep noise down by using our social spaces
- Remember you're all in this together
- Be yourself!



RESPONSIBILITIES AND ATTITUDES

- Respect everyone's boundaries
- Be patient as people settle into their new home
- Feel empowered! Let us know if something bothers you
 - Think about how your actions impact others
 - Check out our Home Charter to find out more

WELLBEING

- Feeling worried? Lonely? Overwhelmed? Call our Student Wellbeing Helpline (24/7): **0800 032 1029**
- Your 24/7 in-home team is here to signpost more support
- Find advice for your financial wellbeing, safety and more on our Support For You page and MyUnite app

"If there's conflict, try to address it as a group rather than singling people out."

Ilwad, Student

"Inclusive means being aware that the way you live, or things that are second nature to you culturally and lifestyle-wise won't be the same for everyone."

Abigail, Student

WORDS OF WISDOM

FLAT BIRTHDAYS & CELEBRATIONS!

